

# **Support Group for Family and Friends of OCD Sufferers**

## **The goals of this group are to:**

- Provide detailed information regarding symptoms and current treatment options for Obsessive Compulsive Disorder (OCD)
- Coach family members and friends on what they can do to help their loved ones deal with their symptoms
- Promote the development of strategies that family and friends can use to cope with the frustration, fear, and confusion of caring for someone with OCD
- Share information and helpful resources
- Provide mutual support and a place to share experiences, challenges, and triumphs

**Those who wish to share or simply listen are invited to attend.**

**Group leader is a licensed psychologist with expertise in OCD.**

**Groups meet on Mondays from 6:00 P.M. to 7:00 P.M.  
The fee is \$45 per group.**

**For more information, or to register, please contact:**

**Christine Ziegler, Ph.D. at (845) 353-3399 x 12**

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